

# Alunsjøen

## Lillomarka OL

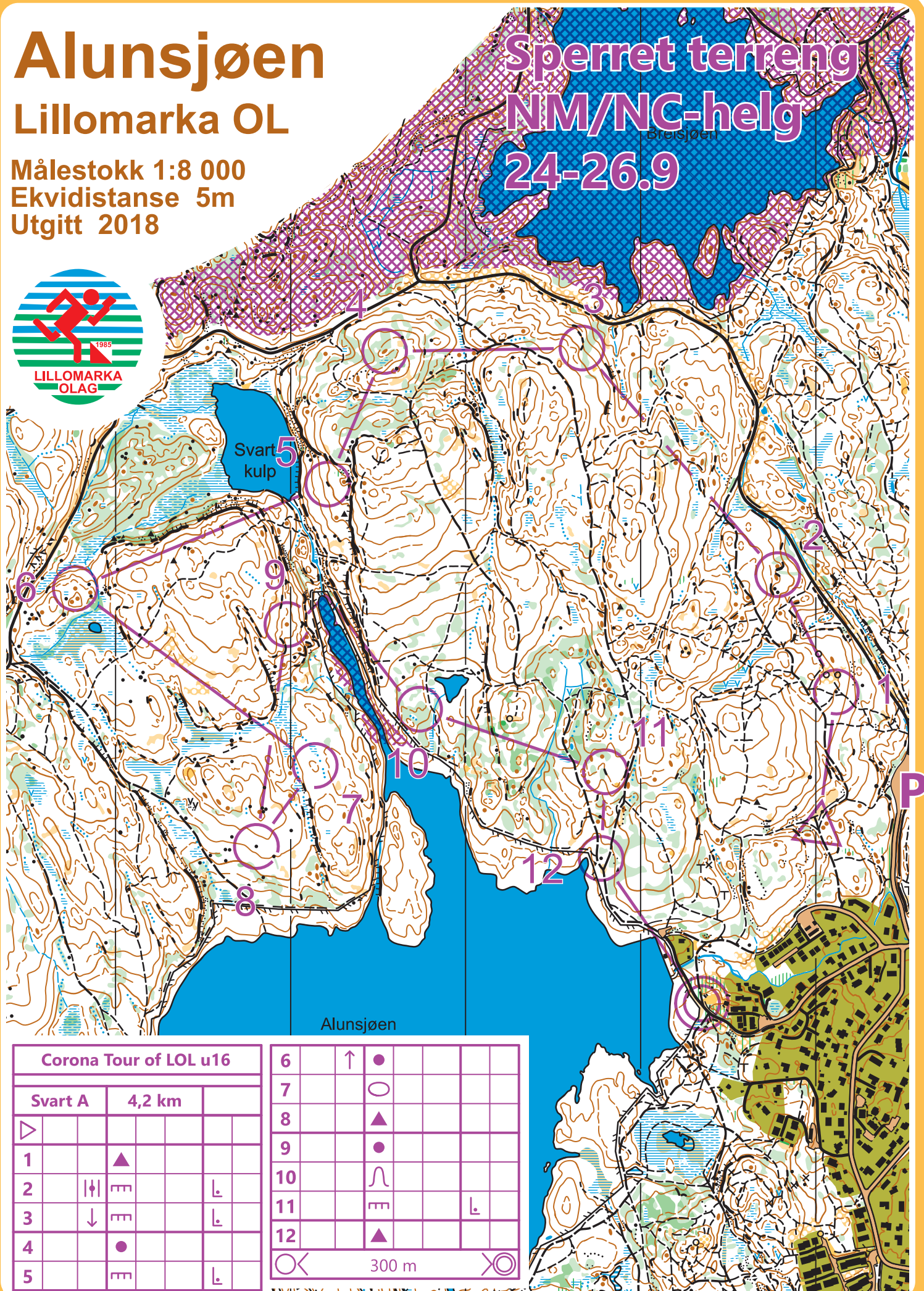
Målestokk 1:8 000

Ekvidistanse 5m

Utgitt 2018



Sperret terreng  
NM/NC-helg  
24-26.9



### Corona Tour of LOL u16

| Svart A |   | 4,2 km |   |
|---------|---|--------|---|
| ▷       |   |        |   |
| 1       |   | ▲      |   |
| 2       |   | ≡      | ⊥ |
| 3       | ↓ | ≡      | ⊥ |
| 4       |   | ●      |   |
| 5       |   | ≡      | ⊥ |

|    |   |       |  |   |   |
|----|---|-------|--|---|---|
| 6  | ↑ | ●     |  |   |   |
| 7  |   | ○     |  |   |   |
| 8  |   | ▲     |  |   |   |
| 9  |   | ●     |  |   |   |
| 10 |   | ∩     |  |   |   |
| 11 |   | ≡     |  |   | ⊥ |
| 12 |   | ▲     |  |   |   |
| ○  |   | 300 m |  | ⊗ |   |