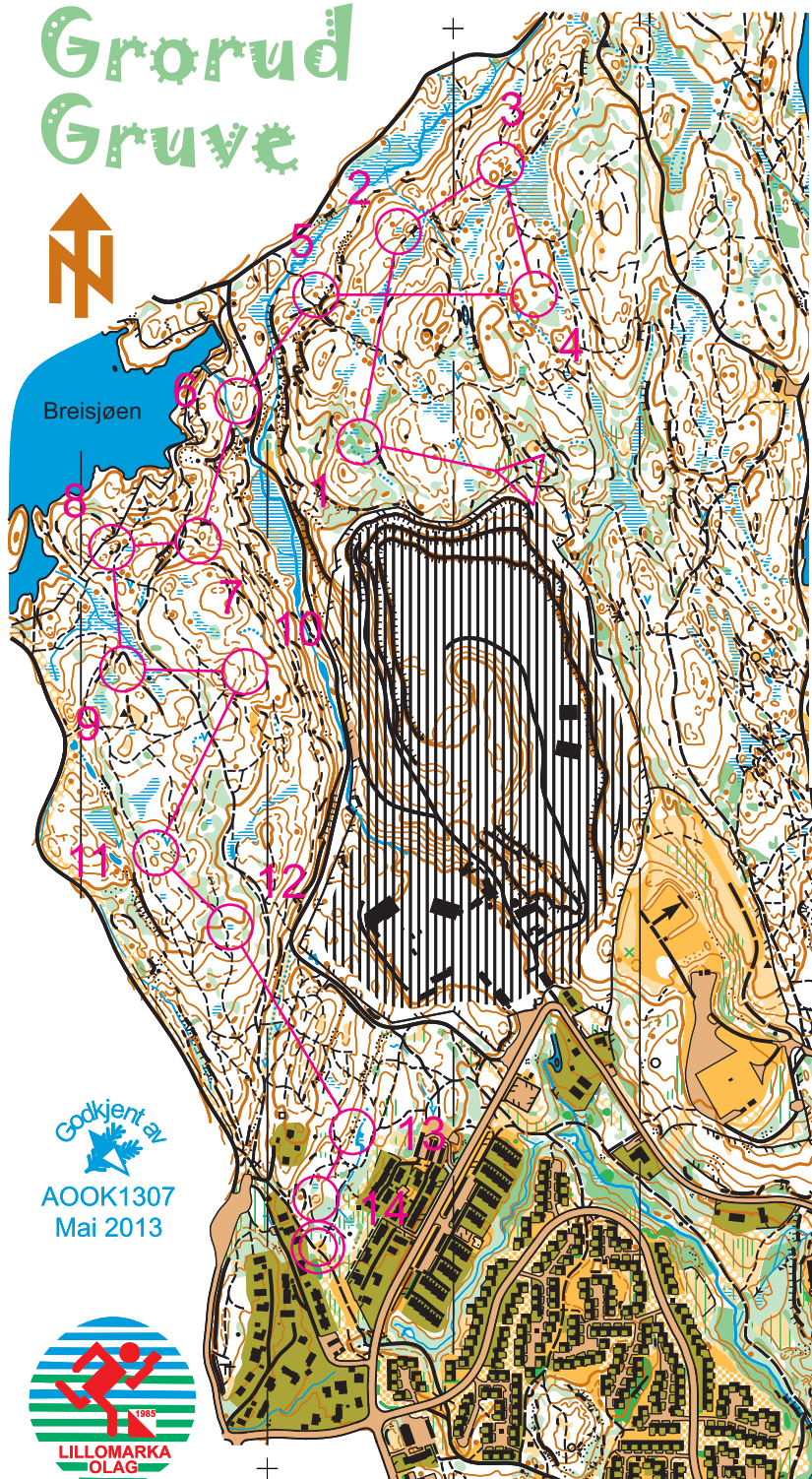


LOL Åpen Trening

Grorud
Gruve



ÅPEN #5		2,9 km			
▷					
1	35	●			○
2	33	≡			
3	32	●			○
4	31	●			○
5	34	●			○
6	36	○			⋈
7	37	≡			
8	38	○			○
9	39	○			⋈
10	45	≡			
11	41	≡			
12	42	≡			
13	43	●			○
14	44	○			⋈
		70 m			○

Godkjent av

AOOK1307
Mai 2013

